

WHAT IF I HAVE COVID-19 SYMPTOMS?

If you have one or more symptoms consistent with COVID-19 (updated 9/11/20), we ask that you please stay home. If staff or students wake up to a new symptom with no other diagnosis to explain it, they should stay home and talk to their health care provider about testing for COVID-19, even if it is the only symptom they are experiencing.

SYMPTOMS of COVID-19 include any ONE of the following:

- fever (100.4°F or higher)
- new onset of moderate to severe headache
- shortness of breath
- new cough
- sore throat
- nausea, vomiting, diarrhea, abdominal pain
- new congestion/runny nose
- fatigue from unknown cause
- new loss of taste or smell
- pain from unknown cause
- muscle or body aches

If a student develops one or more COVID symptoms while at school parents will be contacted to immediately pick up their child. May siblings/household members be sent home as well and quarantined?

The school district will follow the recommendations from the local health department. When a student is sent home with one or more symptoms, the health evaluation room attendant will contact the DCHD for guidance regarding guidance for close contacts or household members.

COVID-19 diagnostic testing is strongly recommended for anyone with COVID-like symptoms.

Early diagnosis can prevent further transmission. Individuals who have undergone testing should remain home away from others while waiting for COVID-19 test results.

If the sick person (student or staff) has a known condition causing the symptoms, e.g., allergies, migraine, etc., can this be taken into consideration?

Every symptomatic person should be evaluated by their healthcare provider on a case-by-case basis. Diagnostic testing is strongly encouraged whenever an individual experiences COVID-like symptoms as it is possible to have COVID-19 and another health condition at the same time.

If testing is not performed due to the clinical judgment of the healthcare provider, a medical note is needed to return to school/day care documenting that there is no clinical suspicion for COVID-19 infection and indicate an alternative diagnosis with exclusion consistent with this diagnosis

